

# ADULT EDUCATION @ THE BREWERY

**10/11 PROGRAMME**

Treat yourself to a  
creative learning  
experience...

**Jewellery**  
**Mixed Media**  
**Life Class**  
**Drawing**  
**Fashion**  
**Textiles**  
**Painting**  
**Pottery**  
**Pastels**  
**Stained Glass**  
**Screenprinting**  
**Mixed Printmaking**  
**Exploring Printmaking**  
**Garden Sculpture**  
**Sign Language**  
**Italian**  
**German**  
**Spanish**  
**French**  
**Yoga**  
**Pilates**  
**Dance Techniques**  
**Singing**  
**Guitar**  
**Piano**  
**Creative Writing**  
**Workshops**

**Brewery Arts Centre**

Highgate Kendal LA9 4HE

Box Office: 01539 725133

[www.breweryarts.co.uk](http://www.breweryarts.co.uk)

# WELCOME

Welcome to our Autumn 2010 and Spring / Summer 2011 programme of Adult Education courses.

This brochure is organised into subject sectors to make it easy for you to find suitable courses, with subjects colour coded shown opposite.

For quick page reference the courses are listed on the diary pages in the centre of this brochure.

ARTS & CRAFTS

LANGUAGE

MUSIC

HEALTH & MOVEMENT

LITERATURE

## TERM DATES

### AUTUMN TERM 2010

**Mon 27 Sep – Fri 17 Dec**

Half term Mon 25 – Fri 29 Oct  
Classes will not run in the week commencing 15 Nov (except courses held at other venues).

Dru Yoga, Gentle Yoga and Pilates will start in the week commencing 6th September.  
Screenprinting & Print Techniques courses will start week commencing 4th October.

### SPRING TERM 2011

**Mon 24 Jan – Fri 8 Apr**

Half term Mon 21 – Fri 25 Feb

**NEW!!**

### SUMMER TERM 2011

**Wed 27 Apr – Fri 27 May**

No classes Bank Holiday 2 May.  
Sivananda Yoga summer term is 10 weeks long finishing on 18th July.

You can book for any, or all, of the terms now. It will save you time and us paper if you book for all of them in advance, plus you then have peace of mind that you have got on the course in advance.

Unless otherwise indicated by an asterisk the course will be 10 weeks long with the exception of the summer terms which are between 3 and 10 weeks long as indicated.

**NEW!!**

Some of the new and improved courses this year:

**Summer terms, allowing students to further develop their studies. Please support this new initiative by enrolling for a third term of your course, where available. NB. This term is not available as a standalone course, only continuing students can enrol.**

**Greater choice in our ever popular Fashion Design, Textile Arts and Pottery courses by now offering daytime options in all of these.**

**Get in shape in the evening with Sivananda Yoga, or if you are more of a morning person then try Pilates on Thursdays and you can now choose from two Dru Yoga times!**

**Create unique and inspired pieces for the outdoors on our Garden Sculpture course.**

**Keep busy at the weekends with our selection of Saturday and Sunday workshops.**

# 10/11 PROGRAMME



## How to enrol?

Please turn to the back of the brochure for enrolment procedure and details of concessionary fees. All fees (even full price) are subsidised by Cumbria County Council.

The Brewery actively promotes equal opportunities throughout the organisation and practices an inclusive policy to all members of the community. All the Brewery tutors and staff are committed to offering an excellent standard of service and high quality classes to all our students. We feel the programme caters for all levels of ability and are happy to advise you on the suitability of a course. Course information sheets with further details on each course are available on request or you will be automatically sent one if you enrol onto a course.

**BOOK NOW** to avoid disappointment & treat yourself to a creative learning experience! Please book in advance as classes will be cancelled four days prior to start if numbers are too low.

**Access** The Brewery has full wheelchair access, with a lift to all floors and adapted toilets. A T-loop is available at Box Office. Please contact Zoe Wilkinson, the Adult Education Officer, on 01539 722833 Ext 273 or e-mail [adult.ed@breweryarts.co.uk](mailto:adult.ed@breweryarts.co.uk) if you wish to discuss specific needs.

## Would you like to check your English or Maths Skills?

FREE skills checks are now available to all learners. To find out more phone Skills For Life on 01900 325062.

Should you be unable to find a suitable course on offer in this brochure the Next Steps/ National Learning Advice line can signpost you to other courses in the area. Tel: 0800 100900

The Brewery Art Centre's Adult Education provision has formed a consortium, Kendal & Dales Community Education, along with:

**Cartmel Community Education Centre: Tel: 015395 36323**

**Queen Katherine Community Education Centre:  
Tel: 01539 773640**

**Sedbergh Community Development Centre: Tel: 01539 621031**

**Dallam Training & Ed Centre: Tel: 01539 565123**



## Information & Guidance Evening

**25th August, 7 – 8pm**

Here you will have the opportunity to meet some of our tutors, obtain further information about the courses and get some help to find the right course for you.

This brochure is available in large print and cassette format, please call 01539 722833 ext 227 for a copy.

A T-Loop is available at Box Office.

## Monday

### Garden Sculpture

**Tutor: Vivien Appleyard**

Taking inspiration from a variety of contemporary and historical sculptors this course aims to provide an opportunity to explore sculptural ideas for the garden in fire brick clay. The possibilities of the material will be explored through smaller 'maquettes' and ideas developed towards a final piece for the garden or other specific site. Under Vivien's careful guidance you will gain an understanding of how composition and form may interact with the environment and an appreciation for the surface and textural qualities possible with this material.

**Monday 9.30-12.00pm**

**Code MON GS**

Fee per term:

Autumn & Spring terms A £80 B £64 C £20  
3 week Summer term: A £24 B £19.20 C £6

### Contemporary Portraiture

**Tutor: Catherine MacDiarmid**

Not for beginners. For students who enjoy drawing and painting the figure and want to take it a step further, this course provides the opportunity to develop portraiture exploring different techniques and methods to capture character and likeness, using primary and secondary source material. It will seek to expand student's appreciation of both traditional and modern portraits and to take a critical look at their own practice and processes. There will be a life model at three of the ten sessions.

**Monday 9.30 – 11.30am**

**Code MON CP**

Fee per term:

Autumn/Spring A £71 B £56.80 C £17.75  
3 week Summer term: A £22 B £17.60 C £5.50

### Exploring Paint & the Human Form

**Tutor: Catherine MacDiarmid**

This is an opportunity to develop painting techniques, (both water based and oil), colour mixing and composition, working directly from the life model.

The representation of flesh colour and tone will be explored first hand as well as through the work of other artists. There will be a life model for eight out of ten sessions, the other two being dedicated to developing paintings through varied activities and discussions.

**Monday 12.00 – 2.00pm**

**Code MON EP**

Fee per term:

Autumn/Spring term: A£84 B£67.20 C£21  
3 week Summer term: A£25 B£20 C£6.25

### Life Class & Professional Practice\*

This course offers advanced life drawers/painters and artists working in these, and any other media, the opportunity to develop art work independently with a model, and to build confidence working from a life model. You will have the opportunity to individually direct poses and timescales for one or more of the sessions. Access to one-to-one feedback from the tutor will be provided on request. Two of the twenty sessions will be dedicated to group feedback/discussion. You will be able to see how the tutor works from a model and ask about relevant techniques and processes.

**Monday 2.30 – 4.30pm**

**Code MON LCPP**

Fee per term:

20 week term: A£171 B£136.80 C£42.75  
3 week Summer term: A£26 B£20.80 C£6.50

### Want to Draw?

**Tutor: Thuline De Cock**

Who says you can't draw! On this course you will gain confidence in your drawing by developing your observational skills, using a range of different drawing media, whilst exploring mark making, tone and composition.

**Monday 5.00 – 7.00pm**

**Code MON W2D**

Fee per term:

Autumn/Spring fee per term: A£64 B£51.20 C£16  
3 week Summer term: A£19 B£15.20 C£4.75



### Want to Draw More?

**Tutor: Thuline De Cock**

If you have some drawing experience but don't feel ready for an advanced course, this is the perfect course for you. Emphasis will be on developing your drawing skills using a variety of techniques and introducing a limited range of colour to enhance your drawing as the course develops.

**Monday 7.30 – 9.30pm**

**Code MON W2DM**

Fee per term:

Autumn/Spring fee per term: A£64 B£51.20 C£16  
3 week Summer term: A£19 B£15.20 C£4.75

**NEW!!**

### Beginners Contemporary Jewellery

**Tutor: Jo Dix**

Ever wanted to make a piece of jewellery but didn't know how? Taught in a well-equipped workshop by Jo, a professional jeweller, this course will introduce you as a beginner to working with silver, the tools used to manipulate it and techniques such as texturing, soldering and polishing as well as some contemporary approaches. Bring your ideas and your inspiration and turn them into beautiful, wearable jewellery. This course is suitable for beginners or those who have dabbled and would like to go a little further. Not suitable for experienced jewellers. Basic supplies of silver will be available to purchase but other items will need to be ordered by students.

**Monday 7.00 – 9.30pm**

**Code MON CJ**

Fee per term:

Spring term: A£80 B£64 C£20  
3 week Summer term: A£24 B£19.20 C£6



### Fashion Design and Pattern Cutting

**Tutor: Caren Threlfall**

Be thrifty whilst designing and making your own exciting and unique items of clothing. During this course you will learn skills to enable you to design and make clothes that are tailored to your individual body measurements.

You will construct basic blocks and learn how to adapt them in order to produce your own designs and create your own individual style. You will also have the opportunity to recreate garments you already own, by learning how to take a pattern from them, so that they can be reproduced time after time. Fashion for children and babies will also be covered so your little ones can look as stylish as you.

**NB This course is available in the Spring and Summer terms on Tuesdays evenings and on Thursday daytimes for all three terms. Please see Tuesday and Thursday listings for details.**

**Monday 7.30 – 10.00pm**

**Code MON FD**

Fee per term:

Autumn term: A£80 B£64 C£20

# Tuesday

## Mixed Media

**Tutor: Lynda Gray**

An exciting exploration of 2D image making, using a range of creative practices including drawing, collage, painting and printing. Beginning with working from observation using creative drawing techniques, the course will then extend existing practice through the introduction of a variety of mixed media combinations exploring line, texture, surface and pattern. An open-minded approach is helpful!

**Tuesday 9.30am – 12.00pm**

**Code TUE MM**

Fee per term:

Autumn/Spring fee per term: A£80 B£64 C£20

4 week Summer term: A£32 B£25.60 C£8



## Contemporary Watercolour

**Tutor: Lynda Gray**

A course to enhance and extend existing skills in watercolour, with an emphasis on working loosely. Not for the beginner, this course offers practical sessions for improvers who have already completed an introductory watercolour course. Covering colour mixing, composition, brushwork and building up, as well as more experimental techniques for creating textural and transparent effects.

**Tuesday 1 – 3.30pm**

**Code TUE CW**

Fee per term:

Autumn/Spring fee: A£80 B£64 C£20

4 week Summer term: A£32 B£25.60 C£8



## Pottery

**Tutor: Dorit Swindley**

Come and explore the range of hand building pottery techniques, to make decorative, functional and sculptural objects for your home. You will be amazed at what you can create from a simple lump of clay! Dorit will use her wide experience of making and decorating to lead you through different techniques and guide you on finishing and glazing the object you create. This class is 3 hours long to allow students more time to throw pots on the wheel. Beginners and those with more experience are welcome.

**Tuesday 6.30 – 9.30pm**

**Code TUE P**

Fee per term:

Autumn/Spring fee per term: A£95 B£76 C£23.75

4 week Summer term: A£38 B£30.40 C£9.50

## Mixed Printmaking

**Tutor: Ann Marie Foster**

The course will enable you to develop your design skills so you can confidently translate your designs and images into individual, creative prints. You will gain skills in printmaking techniques which include polyboard printing, woodcut and linocut and you will be shown how to explore texture and produce vibrantly coloured prints by overlaying different colours. You will also learn how to make prints which combine techniques and explore the creative possibilities of printmaking. These processes can be practiced without a press which gives you the opportunity to develop your printmaking skills at home. The course is suitable for beginners as well as those wanting to extend their experience. The higher fee reflects the detailed tuition in a class of restricted numbers.

**Tuesday 7.00 – 9.30pm**

**Code TUE MP**

Fee per term:

Autumn/Spring fee:

A£112 B£89.60 C£28

4 week Summer term:

A£44.80 B£35.84 C£11.20

## Fashion Design & Pattern Cutting

**Tutor: Caren Threlfall**

**NB This course is available on Monday evenings in the Autumn term and Thursday daytimes for all three terms. Please see Monday and Thursday listings for details.**

**Tuesday 7.30 – 10.00pm**

**Code TUE FD**

Fee per term:

Spring term: A£80 B£64 C£20

4 week Summer term:

A£32 B£25.60 C£8

# Wednesday

## **NEW!!** Working with Pastels and More

**Tutor: Tricia Lyon**

Artist pastels are a versatile and exciting medium which come in a full range of colours from strong tones to the palest hues. Pastels lend themselves easily to expressing the mood of a piece, and react quickly to the artist's thought process making them particularly suitable for landscape painting. Pastels are an exciting medium to use in combination with other media, particularly for working on top of watercolour/gouache and over monoprints.

This course aims to give you a thorough grounding in pastel techniques and lead you on through a series of studies to work confidently and creatively on your own project ideas.

**Wednesday 9.30am – 12.00pm**

**Code WED WP**

Fee per term:

Autumn/Spring fee per term: A£80 B£64 C£20

5 week summer term: A£40 B£32 C£10

## Screenprinting & Print Techniques

**Tutor: Marion Kuit**

Screenprinting for fine art and textiles. The course takes you through all stages from designs to print, including both hand painted and photo-stencil. Students may wish to combine techniques, which could include mono print, relief and collograph. Tuition is tailored to your individual needs. No previous experience required. The higher fee reflects the course being detailed tuition in a class of restricted numbers.

**NB This course is also available on Thursday mornings and evenings. Please see Thursday listings for details.**

**Wednesday 9.30am – 12.00pm**

**Code WED SP**

Fee per term:

\*9 week Autumn fee per term, starting 6th Oct:

A£100 B£80 C£25

10 week Spring fee per term: A£112 B£89.6 C£28

5 week Summer term: A£56 B£44.80 C£14

# Wednesday

## **NEW!!** Pottery

**Tutor:** Chris Barnes

**NB** This course is also available on Tuesday evenings. Please see Tuesday listings for details.

Come and explore the range of hand building pottery techniques, to make decorative, functional and sculptural objects for your home. You will be amazed at what you can create from a simple lump of clay! Chris, a professional Potter will use his wide experience of making and decorating to lead you through different techniques and guide you on finishing and glazing the object you create. This class is 3 hours long to allow students more time to throw pots on the wheel. Beginners and those with more experience are welcome. Find out about Chris' work at <http://www.morvernpottery.co.uk>

**Wednesday 1.00 – 4.00pm**

**Code WED P**

Fee per term:

Autumn/Spring fee per term: A£95 B£76 C£23.75

5 week Summer term: A£48 B£38.40 C£12

## **NEW!!** Screenprinted Textiles

**Tutor:** Melanie Mayho

This course is suitable for those with little or no experience in Screenprinting or those who have printed before but want to pursue textile design and printing. With the guidance of Melanie, a Textile Designer, you will create vibrant, colourful, contemporary, screenprinted textiles in our Print Studio and transform these into your own unique fashion or interior accessories in the art room. The higher fee reflects the course being ten weeks of detailed tuition in a class of restricted numbers

**Wednesday 7.00 – 9.30pm**

**Code WED ST**

Fee per term:

Autumn/Spring fee per term: A£112 B£89.60 C£28

5 week Summer term: A£56 B£44.80 C£14

# Thursday

## Fashion Design & Pattern Cutting

**Tutor:** Caren Threlfall

**NB** This course is also available in the evenings, see Monday and Tuesday listings for details and course description.

**Thursdays**

**Autumn term: 9.30 – 11.30am**

**Spring & Summer term: 1.15 – 3.15pm**

**Code THU FD**

Fee per term:

Autumn/ Spring fee per term: A£64 B£51.2 C£16

5 week Summer term: A£32 B£25.60 C£8

## **NEW!!** Textile Arts

**Tutor:** Caren Threlfall

This is the course for anyone interested in creating pieces of art using a number of textile techniques. During the sessions we will cover, Felt Making and Needle Felting, Machine Embroidery (including the use of water soluble film); weaving using some recycled materials, basic printing and also the use of heat guns, manmade materials and a variety of media to create some interesting effects. This is a creative and fun course where you will produce a portfolio of samples as well as finished pieces whilst having the opportunity to try some new techniques.

**Thursdays**

**Autumn term: 1.15 – 3.15pm**

**Spring & Summer term: 9.30 – 11.30am**

**Code THU TA**

Fee per term:

Autumn/ Spring fee per term: A£64 B£51.20 C£16

5 week Summer term: A£32 B£25.60 C£8

## Oil Painting

**Tutor:** Catherine MacDiarmid

This course gives students a chance to gain an understanding of the range and potential of oil paint and to explore much of its possibilities. You will start very simply to enable the less experienced or beginner to gain confidence and for the more experienced to be refreshed in new approaches. You will work from still life, life models (at two of the sessions), students own sources as well as valuable learning to be gained by studying established artists. It is hoped that all work produced will be highly beneficial in developing students individual direction.

**Wednesday 6.30 – 9.00pm**

**Code WED OP**

Fee per term:

Autumn/Spring fee per term: A£85 B£68 C£21.25

5 week Summer term: A£43 B£34.40 C£10.75



# Thursday

## Screenprinting & Print Techniques

**Tutor: Marion Kuit**

See Wednesday's Screenprinting & Print Techniques listing for course description.

**Thursday 10.00am – 12.30pm Code THU SP1**

**Thursday 7.00 – 9.30pm Code THU SP2**

Fee per term:

\*9 week Autumn term, starting 7th Oct:

A£100 B£80 C£25

10 week Spring term: A£112 B£89.60 C£28

5 week Summer term: A£56 B£44.80 C£14

## Stained Glass

**Tutor: Sarah Sutton**

This course is designed for both beginners and those with some experience. Beginners will learn to cut coloured glass and lead the pieces together to make a small panel. After the rudiments of the craft have been grasped, students can make a project of their own design and choosing. More experienced students may embark on more ambitious projects although size may be limited due to storage. There are also opportunities to learn the "tiffany" copper foil technique (for the construction of jewellery, mobiles or lamps), painting on glass (for the advanced student) and glass fusing (kiln formed glass) to make dishes and other decorative items

**Thursday 1.45 – 3.45pm Code THU SG1**

**Thursday 7.00 – 9.00pm Code THU SG2**

Fee per term:

Autumn/Spring: A£64 B£51.20 C£16

5 week summer term: A£32 B£25.60 C£8



## Life Class – Confidence and Understanding

**Tutor: Ian Walton**

A course ideal for students with little or no experience, or those who are looking to gain more understanding through working with and from the figure. The classes would benefit those looking for a structured direction or a more personal approach. Perspective, proportion, composition, use and choice of materials will be considered and help and guidance will be available at all times.

**Thursday 4.00 – 6.00pm**

**Code THU LCC**

Fee per term:

Autumn/Spring: A£87 B£69.60 C£21.75

5 week summer term: A£44 B£35.20 C£11

## Life Class – Experimental

**Tutor: Ian Walton**

Drawing and painting can be innovative, exciting and feed the imagination. This life class is for students who are prepared to discover new and interesting ways and means of working from a life model. You will be encouraged to experiment with traditional and what might seem to be unorthodox materials. Through group discussion students will benefit from exchanging discoveries. A course ideal for all abilities.

**Thursday 7.00 – 9.00pm**

**Code THU LCE**

Fee per term:

Autumn/Spring: A£87 B£69.60 C£21.75

5 week summer term: A£44 B£35.20 C£11

# Friday

## Exploring Printing

**Tutor: Ann Marie Foster**

You will discover how printmaking techniques can translate your designs into exciting prints with an individual style. You will gain skills in the use of monoprint, which creates painterly prints, dry point, which will extend your drawing skills, and make collagraphs which involves collaging different materials to produce exciting textured surfaces. You will also be shown how to combine processes and explore the creative possibilities of printmaking. We will find inspiration in the work of other artists who use these processes. These printmaking techniques can be practiced at home without a press and give you the opportunity to develop your printmaking skills at home. The course is suitable for beginners as well as those wanting to extend their experience. The higher fee reflects the course being ten weeks of detailed tuition in a class of restricted numbers.

**Friday 10.00am – 12.30pm**

**Code FRI EP**

Fee per term:

Autumn/Spring fee per term: A£112 B£89.6 C£28

5 week Summer term: A£56 B£44.80 C£14

## Exploring Formal Portraiture

**Tutor: Heather James**

The human face is one of the most challenging and arguably the most difficult of things for the artist to represent. This course gives both a good foundation in the principles of looking and responding by the discipline of mark making or drawing, and an insight into the subtleties of the structure of the face and head. The important relationship between the artist and the living model, when both are concentrating hard will also be understood. Gaining a likeness, vital for conveying character and displaying the accuracy of looking and knowledge of technique, will be taught using a number of drawing methods and materials and this approach will be continued in the second term introducing colour and paint according to each student's wishes. The course is suitable for beginners and experienced students alike. There will be a portraiture model at each session.

**Friday 1.00 – 3.00pm**

**Code FRI EFP**

Fee per term:

Autumn/Spring fee per term: A£78 B£62.40 C£19.50

5 week Summer term: A£39 B£31.20 C£9.75



## Monday

### French Advanced Conversation Year 6\*

**Tutor: Dominique Pluskwa**

For advanced students a great opportunity to improve your accuracy and develop confidence and fluency in a relaxed Advanced Conversation Group. The sessions will be led by the tutor, a native French speaker, who will encourage individuals to speak and express their views on a range of topics.

**Monday 9.30 – 11.30am**  
**Code MON FA6**

**\*23 week term**  
Fee: £150. No concessions.

### German Pre-Intermediate Year 3\*

**Tutor: Dorothea Williamson**

Keep up your German and enjoy learning! This course is for students who have studied the language for at least two years and would like to revise and broaden their skills. The class will include speaking, listening, reading and writing but the emphasis will be on conversational skills. Herzlich willkommen!

**Monday 12.30 – 2.30pm**  
**Code MON GPI3**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
3 week summer term A£19 B£15.20 C£4.75

### German Intermediate Year 4\*

**Tutor: Dorothea Williamson**

Would you like to revise and broaden your language skills in a friendly and supportive group? Students should have studied German for at least 3 years and the course aims to develop confidence and accuracy in expressing ourselves. Machen Sie mit!

**Monday 2.45 – 4.45pm**  
**Code MON GI4**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
3 week summer term: A£19 B£15.20 C£4.75

## Tuesday

### Spanish Pre-Intermediate Year 3\*

**Tutor: Suzanne Tyson**

This course is for those who have already completed 2 years' study, or have some experience of the language. All four language skills (speaking, reading, listening and writing) will be developed using a variety of topics and activities.

**Tuesday 10am – 12pm**  
**Code TUE SPI3**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
4 week summer term: A£25 B£20 C£6.25

### Spanish Continuation Year 2\*

**Tutor: Suzanne Tyson**

Would you like to expand your knowledge to converse more freely in a wider range of topics to suit your interests and requirements? More grammatical structures will be covered in a light-hearted and enjoyable approach to Spanish. To attend this course you should have completed approx. 30 hours Spanish Beginners tuition. Not for those who are already at a high level in this language.

**Tuesday 1.00 – 3.00pm**  
**Code TUE SC2**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
4 week summer term: A£25 B£20 C£6.25

### French Continuation Year 2\*

**Tutor: Dominique Pluskwa**

Did you learn a bit of French once and now feel you've forgotten most of it? Or have you recently completed a beginners' class? Then this course is for you! We will concentrate on spoken French in a social atmosphere to enable you to have basic conversations. This course will run at Ghyllside Community Development Centre, within their custom built adult ed. rooms, just 10 mins. walk from the Brewery. A map will be provided in the Course Info. and there is ample free parking.

**Tuesday 6.30 – 8.30pm**  
**Code TUE FC2**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
4 week summer term: A£25 B£20 C£6.25

## Wednesday

### French Upper Intermediate Year 5\*

**Tutor: Dominique Pluskwa**

For students with a good understanding of French and who want to progress further. All four language skills (speaking, reading, listening, writing) will be developed using a variety of topics and activities. The course aims to develop fluency, accuracy and expression. This group will enrich your knowledge of both the language and country.

**Wednesday 10.00am – 12.00pm**  
**Code WED FUI5**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
5 week summer term: A£32 B£25.60 C£8

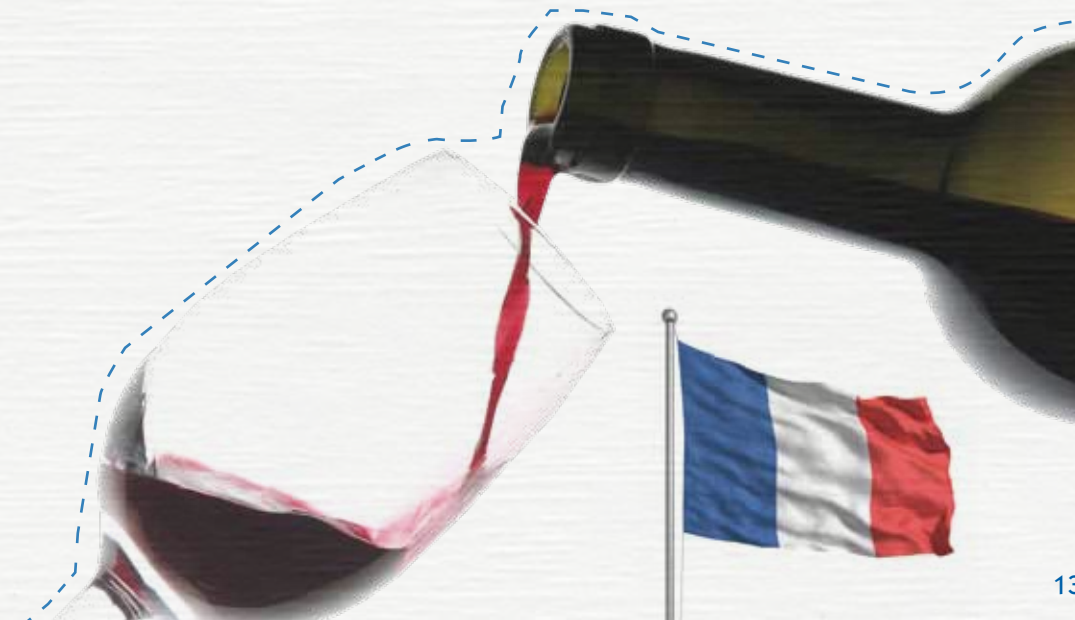
### French Intermediate Year 4\*

**Tutor: Dominique Pluskwa**

This course is for those who have already completed 3 years' study, have a rusty O level or some experience of the language. All four language skills (speaking, reading, listening and writing) will be developed using a variety of topics and activities.

**Wednesday 1.00 – 3.00pm**  
**Code WED FI4**

**\*20 week term**  
Fee: A£126 B£100.80 C£31.50  
5 week summer term: A£32 B£25.60 C£8



# Thursday



## German Beginners Yr 1\*

**Tutor: Dorothea Williamson**

Are you travelling to a German speaking country or do you have family/friends there? This course will help you to enjoy it all even more as you learn to communicate and find out about customs, culture and current affairs. Have fun speaking a new language in a friendly and supportive atmosphere!

**Thursday 9.00 – 11.00am**

**Code THU GB1**

**\*20 week term**

Fee: A£126 B£100.80 C£31.50

5 week summer term: A£32 B£25.60 C£8

## German Continuation Yr 2\*

**Tutor: Dorothea Williamson**

Would you like to build on your language skills and expand vocabulary and grammar skills? We will focus on communicative skills in a variety of situations. Join us and have fun in a friendly and supportive class. To attend this course you should have completed a beginners' course in German. Auf Wiedersehen!

**Thursday 11.15 – 1.15pm**

**Code THU GC2**

**\*20 week term**

Fee: A£126 B£100.80 C£31.50

5 week summer term: A£32 B£25.60 C£8



## Introduction to Sign Language

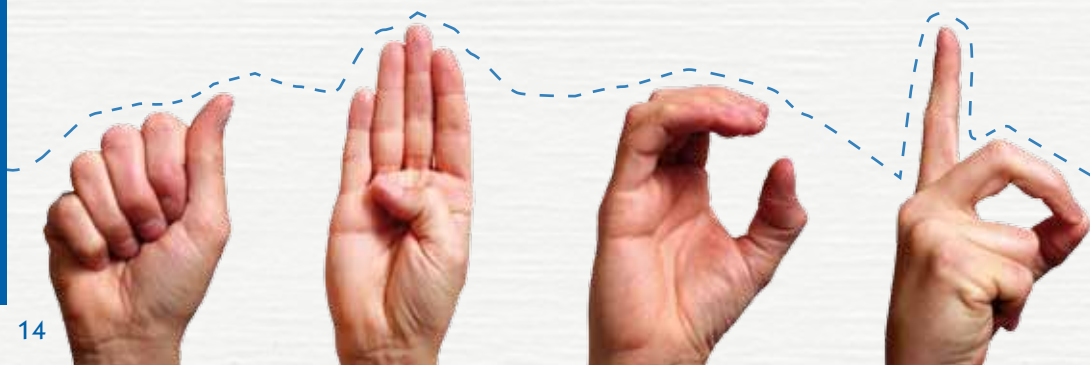
**Tutor: Greer Shepherd**

Held at DeafVision on Castle Street this ten-week course will give a good introduction to signing for those who want to communicate with the deaf and hard of hearing. Forming an excellent basis for moving on to accredited courses offered by DeafVision should you wish to progress further. Basic Literacy is essential for this course due to the amount of handouts used as guidance to signing.

**Tuesday 7.00 – 9.00pm**

**Code THU SL**

Autumn term: A£63 B£50.40 C£15.75



# 10/11 DIARY

**Mon 27 Sep – Fri 17 Dec**

Half term Mon 25 – Fri 29 Oct

Classes will not run in the week commencing 15 Nov (except courses held at other venues).

Dru Yoga, Gentle Yoga and Pilates will start in the week commencing 6th September.



## Saturday Workshops

Nuno Felt	9th Oct	p26
Fused Glass	16th Oct	p29
Beautiful Berets	4th Dec	p27
Fused Glass	11th Dec	p29

## Sunday Workshops

Design & Make a Party Dress (2 day course)	10th Oct & 17th Oct	p26
Surface Expression	10th Oct	p26
Paper/Card Making	17th Oct	p26
Design & Make Clothes for Children and Babies (2 day course)	5th Dec & 12th Dec	p27
Feltmaking	12th Dec	p27

## Full Weekend

Felt Rugs (2 day course)	6th Nov & 7th Nov	p27
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## Autumn Term 2010

### Monday

9.30 – 11.30am	Contemporary Portraiture	p4
9.30 – 12.00pm	Garden Sculpture	p4
9.30 – 11.30am	French Advanced Yr 6	p12
12.00 – 2.00pm	Exploring Paint and Human Form	p4
12.30 – 2.30pm	German Pre-Intermediate Yr3	p12
2.30 – 4.30pm	Life Class & Professional Practice	p4
2.45 – 4.45pm	German Intermediate Yr 4	p12
5.00 – 7.00pm	Want to Draw?	p5
6.30 – 8.15pm	Sivananda Yoga	p22
7.30 – 9.30pm	Want to Draw More?	p5
7.30 – 10.00pm	Fashion Design & Pattern Cutting	p5
7.30 – 9.00pm	Dance Techniques	p22
7.30 – 9.30pm	Discover your Voice	p24

### Tuesday

9.30 – 12.00pm	Mixed Media	p6
9.30 – 11.00am	Dru Yoga	p23
10.00 – 12.00pm	Spanish Pre Intermediate Yr 3	p12
11.30 – 1.00pm	Gentle Yoga	p23
1.00 – 3.30pm	Contemporary Watercolour	p6
1.00 – 3.00pm	Spanish Continuation Year 2	p12
1.30 – 3.00pm	Dru Yoga	p23
6.30 – 9.30pm	Piano Beginners & Returners	p24
6.30 – 8.30pm	French Continuation Yr 2	p13
6.30 – 9.30pm	Pottery	p6
7.00 – 9.30pm	Mixed Printmaking	p7

### Wednesday

9.30 – 12.00pm	Screenprint & Print Techniques	p7
9.30 – 12.00pm	Working with Pastels and more	p7
10.00 – 12.00pm	French Upper Intermediate Yr 5	p13
1.00 – 3.00pm	French Intermediate Yr 4	p13
1.00 – 4.00pm	Pottery	p8
5.30 – 7.30pm	Beginners Guitar	p25
6.30 – 9.00pm	Oil Painting	p8
7.00 – 9.30pm	Screenprinted Textiles	p8
7.45 – 9.45pm	Improvers Guitar	p25

### Thursday

9.00 – 10am	Pilates	p23
9.00 – 11am	German Beginners Yr 1	p14
9.30 – 11.30am	Fashion Design & Pattern Cutting	p9
10.00 – 12.30pm	Screenprint & Print Techniques	p10
11.15 – 1.15pm	German Continuation Yr 2	p14
1.15 – 3.15pm	Textile Arts	p9
1.45 – 3.45pm	Stained Glass	p10
4.00 – 6.00pm	Life Class Confidence and Understanding	p10
7.00 – 9.00pm	Life Class Experimental	p10
7.00 – 9.00pm	Stained Glass	p10
7.00 – 9.30pm	Screenprint & Print Techniques	p10
7.00 – 9.00pm	Sign Language	p14

### Friday

10.00 – 12.00pm	Italian Continuation Yr 2	p20
10.00 – 12.00pm	French Pre-Intermediate Yr 3	p20
10.00 – 12.30pm	Exploring Printing	p11
10.30 – 12.30pm	Creative Writing	p21
1.00 – 3.00pm	Exploring Formal Portraiture	p11
1.00 – 3.00pm	French Beginners Yr 1	p20



# Cumbria Adult Education Enrolment Form

County Council PLEASE COMPLETE ALL SECTIONS IN BLOCK CAPITALS AND TICK WHERE APPROPRIATE (EXCEPT OFFICE SECTION)



Learner Enrolment Details	
<b>Title</b>	<b>Forename</b>
<b>Surname</b>	
<b>Address</b>	
	<b>Postcode</b>
<b>Friend of the Brewery?</b> <input type="checkbox"/>	
<b>Gender</b>	<b>D.O.B</b>
<b>Email</b>	<b>Work no.</b>
<b>Home no.</b>	
<b>Mobile</b>	
<b>Ethnic Origin</b>	
Please help our equal opportunities monitoring by ticking on of the following boxes	
<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Other (Black)
<input type="checkbox"/> Black African	<input type="checkbox"/> Other (White)
<input type="checkbox"/> Black Caribbean	<input type="checkbox"/> Pakistani
<input type="checkbox"/> Chinese	<input type="checkbox"/> White (Eire)
<input type="checkbox"/> Caribbean Indian	<input type="checkbox"/> White (British)
<input type="checkbox"/> Other Asian	<input type="checkbox"/> Other - please state:
Country of residence	UK <input type="checkbox"/> EC <input type="checkbox"/>
If not permanently resident in UK or EC for last 3 years, which country have you lived in? Please state:	
<b>Disability</b>	
I have a disability <input type="checkbox"/>	I have a learning disability <input type="checkbox"/>
I have no disability <input type="checkbox"/>	I have a serious health issue <input type="checkbox"/>
If you have a disability you will be offered further support.	
Do you wish to discuss your needs with a member of staff? Yes <input type="checkbox"/> No <input type="checkbox"/>	
I would like to be contacted by: Email <input type="checkbox"/> Phone <input type="checkbox"/> Mail <input type="checkbox"/>	
Or contact Adult Education Officer on: 01539 722833 ext 273	

Previous Course Information	
Have you attended a structured learning course either here or at another education centre within the last three years? Yes <input type="checkbox"/> No <input type="checkbox"/>	
<b>Level Guide</b>	
You are requested to indicate the level of your highest qualification. If you require more information, your Centre Manager has the full SFA list of qualifications and their levels, and they will be happy to advise you. Please tick the relevant box:	
<input type="checkbox"/> GCSE/O Level (grades at D-G or fewer than 5 at A-C) Level 1	
<input type="checkbox"/> GCSE/O Level (5 or more grades at A-C) Level 2	
<input type="checkbox"/> A Level (1 subject) Level 2	
<input type="checkbox"/> A Level (2 or more subjects) Level 3	
<input type="checkbox"/> First degree Level 4	
<input type="checkbox"/> Higher degree Level 5	
<input type="checkbox"/> Other qualifications, level not known	
<input type="checkbox"/> No formal qualifications	
We suggest Level 2 for the School Certificate and level 3 for Matriculation	
Do you have a GCSE/O Level (grade A-C) in: Maths <input type="checkbox"/> English <input type="checkbox"/>	
<b>Concessions</b>	
If you are claiming a concessionary fee, which of the following applies to you?	
<b>FEE B (80% fee)</b> <input type="checkbox"/> Over 60 not in F/T employment	
<b>FEE C (25% fee)</b> <input type="checkbox"/> I am aged 16 - 19	
<input type="checkbox"/> I am in receipt of:	
<input type="checkbox"/> Job Seekers Allowance	
<input type="checkbox"/> Income Support	
<input type="checkbox"/> Working Tax Credit Subject to threshold.	
<input type="checkbox"/> Housing/Council Tax Benefit Not including single person discount	
<input type="checkbox"/> Pension Guarantee Credit	
<input type="checkbox"/> Income Related ESA	
<input type="checkbox"/> I am an unwaged dependant to those listed above	
Please include a photocopy of proof of concession	

Course Details and Fees					
Course Code	Course Title	Autumn Fee	Spring Fee	Summer Fee	Total

### Declaration and data protection

Learner's declaration: I confirm that the above details are correct. Signed \_\_\_\_\_ Date \_\_\_\_\_

How we use your personal information: The personal information you provide is passed to the Chief Executive of Skills Funding and, where required, the Young People's Learning Agency for England (YPLA) to enable those organisations to fulfil their statutory obligations, principally under the Apprenticeships, Skills, Children and Learning Act 2009. Both organisations are registered as data controllers with the UK Information Commissioner's Office. The Skills Funding Agency funds adult further education and skills training, including apprenticeships, in England. The YPLA is responsible for arranging the provision of funding for the education and training of young people in England. The Skills Funding Agency processes learner data on behalf of the YPLA.

The information you provide may be shared with other organisations for purposes of administration, the provision of career and other guidance and statistical and research purposes, relating to education or training. Other organisations include the Department for Children, Schools and Families, the Department for Business, Innovation and Skills, Local Authorities, Connexions, Higher Education Statistics Agency, Higher Education Funding Council for England, educational institutions and organisations performing research and statistical work on behalf of the Skills Funding Agency, the YPLA, or partners of those organisations. The Skills Funding Agency also administers the learner registration service (LRS) which uses your learner information to create and maintain a unique learner number (ULN). Further information about use of and access to your information is available at: Skills Funding Agency: <http://skillsfundingagency.bis.gov.uk/foi.htm> YPLA: <http://www.ypla.gov.uk/foi.htm>

At no time will your personal information be passed to organisations for marketing or sales purposes. The YPLA, the Chief Executive of Skills Funding and their partners may wish to contact you from time to time in respect of surveys and research to monitor performance, improve quality and plan future provision and to inform you about courses, or learning opportunities relevant to you.

I do not wish to be contacted by SFA for surveys/research  I do not wish to be contacted by SFA about courses

Payment Details	
You can pay by cheque; please make payable to <b>Kendal Brewery Arts Centre Trust Limited</b> , or Credit/Debit card (Cash is not accepted).	
<b>For Credit/Debit Card payments:MasterCard/Visa/Switch no</b> _____	
<b>Valid from</b> _____	<b>Valid to</b> _____
<b>Security Code</b> _____	<b>Issue No.</b> _____

I authorise you to debit my **Master Card/Visa/Switch** account for the amount of £ \_\_\_\_\_ Signed \_\_\_\_\_

### FOR OFFICE USE ONLY

Receipt No	Proof of concession seen <input type="checkbox"/>
Evidence provided:	<input type="checkbox"/> Pension credit guarantee letter <input type="checkbox"/> Rail card/bus pass <input type="checkbox"/> Birth certificate <input type="checkbox"/> Passport <input type="checkbox"/> Other
Centre staff declaration: I confirm the above details are correct and have seen evidence of the learner's status.	
Signed	Printed Name
	Date

# 10/11 DIARY

Mon 24 Jan – Fri 8 Apr  
Half term Mon 21 – Fri 25 Feb



## Saturday Workshops

Fabulous Felt Bags	29th Jan	p28
Fused Glass	12th Feb	p29
Silver Clay Jewellery	5th Mar	p29
Nuno Felt	12th Mar	p26
Fused Glass	19th Mar	p29
Silver Clay Jewellery	2nd Apr	p29
Sketch and Paint	30th Apr	p28
Fused Glass	7th May	p29
Shibori Dyeing	14th May	p29
Feltmaking	21st May	p27

## Saturday Workshops

Silver Clay Jewellery	30th Jan	p29
Feltmaking	5th Feb	p27
Playing with Colour	13th Feb	p28
Silver Clay Jewellery	13th Feb	p29
Felted Floral Creations	3rd Apr	p28

## Spring Term 2011

### Monday

9.30 – 11.30am	Contemporary Portraiture	p4
9.30 – 12.00pm	Garden Sculpture	p4
9.30 – 11.30am	French Advanced Yr 6	p12
12.00 – 2.00pm	Exploring Paint and Human Form	p4
12.30 – 2.30pm	German Pre-Intermediate Yr3	p12
2.30 – 4.30pm	Life Class & Professional Practice	p4
2.45 – 4.45pm	German Intermediate Yr 4	p12
5.00 – 7.00pm	Want to Draw?	p5
6.30 – 8.15pm	Sivananda Yoga	p22
7.30 – 9.30pm	Want to Draw More?	p5
7.00 – 9.30pm	Beginners Contemporary Jewellery	p5
7.30 – 9.00pm	Dance Techniques	p22
7.30 – 9.30pm	Harmony Singing	p24

### Tuesday

9.30 – 12.00pm	Mixed Media	p6
9.30 – 11.00am	Dru Yoga	p23
10.00 – 12.00pm	Spanish Pre Intermediate Yr 3	p12
11.30 – 1.00pm	Gentle Yoga	p23
1.00 – 3.30pm	Contemporary Watercolour	p6
1.00 – 3.00pm	Spanish Beginners Year 2	p12
1.30 – 3.00pm	Dru Yoga	p23
6.30 – 9.30pm	Piano Beginners & Returners	p24
6.30 – 8.30pm	French Continuation Yr 2	p13
6.30 – 9.30pm	Pottery	p6
7.00 – 9.30pm	Mixed Printmaking	p7
7.30 – 10.00pm	Fashion Design & Pattern Cutting	p7

### Wednesday

9.30 – 12.00pm	Screenprint & Print Techniques	p7
9.30 – 12.00pm	Working with Pastels and More	p7
10.00 – 12.00pm	French Upper Intermediate Yr 5	p13
1.00 – 3.00pm	French Intermediate Yr 4	p13
1.00 – 4.00pm	Pottery	p8
5.30 – 7.30pm	Beginners Guitar	p25
6.30 – 9.00pm	Oil Painting	p8
7.00 – 9.30pm	Screenprinted Textiles	p8
7.45 – 9.45pm	Improvers Guitar	p25

### Thursday

9.00 – 10.00am	Pilates	p23
9.00 – 11.00am	German Beginners Yr 1	p14
9.30 – 11.30am	Textile Arts	p9
10.00 – 12.30pm	Screenprint & Print Techniques	p10
11.15 – 1.15pm	German Continuation Yr 2	p14
1.15 – 3.15pm	Fashion Design & Pattern Cutting	p9
1.45 – 3.45pm	Stained Glass	p10
4.00 – 6.00pm	Life Class Confidence and Understanding	p10
7.00 – 9.00pm	Life Class Experimental	p10
7.00 – 9.00pm	Stained Glass	p10
7.00 – 9.30pm	Screenprint & Print Techniques	p10

### Friday

10.00 – 12.00pm	Italian Continuation Yr 2	p20
10.00 – 12.00pm	French Pre-Intermediate Yr 3	p20
10.00 – 12.30pm	Exploring Printing	p11
10.30 – 12.30pm	Creative Writing	p11
1.00 – 3.00pm	Exploring Formal Portraiture	p11
1.00 – 3.00pm	French Beginners Yr 1	p20

## Summer Term 2011

Wed 27 Apr – Fri 27 May

No classes Bank Holiday 2 May

### Monday

9.30 – 11.30am	Contemporary Portraiture	p4
9.30 – 12.00pm	Garden Sculpture	p4
9.30 – 11.30am	French Advanced Yr 6	p12
12.00 – 2.00pm	Exploring Paint and Human Form	p4
12.30 – 2.30pm	German Pre-Intermediate Yr 3	p12
2.30 – 4.30pm	Life Class & Professional Practice	p4
2.45 – 4.45pm	German Intermediate Yr 4	p12
5.00 – 7.00pm	Want to Draw?	p5
6.30 – 8.15pm	Sivananda Yoga	p22
7.30 – 9.30pm	Want to Draw More?	p5
7.00 – 9.30pm	Beginners Contemporary Jewellery	p5
7.30 – 9.30pm	Harmony Singing	p24

### Tuesday

9.30 – 12.00pm	Mixed Media	p6
10.00 – 12.00pm	Spanish Pre Intermediate Yr 3	p12
1.00 – 3.30pm	Contemporary Watercolour	p6
1.00 – 3.00pm	Spanish Continuation Year 2	p12
6.30 – 9.30pm	Piano Beginners & Returners	p24
6.30 – 8.30pm	French Continuation Yr 2	p13
6.30 – 9.30pm	Pottery	p6
7.00 – 9.30pm	Mixed Printmaking	p7
7.30 – 10.00pm	Fashion Design & Pattern Cutting	p7

### Wednesday

9.30 – 12.00pm	Screenprint & Print Techniques	p7
9.30 – 12.00pm	Working with Pastels and more	p7
10.00 – 12.00pm	French Upper Intermediate Yr 5	p13
1.00 – 3.00pm	French Intermediate Yr 4	p13
1.00 – 4.00pm	Pottery	p8
5.30 – 7.30pm	Beginners Guitar	p25
6.30 – 9.00pm	Oil Painting	p8
7.00 – 9.30pm	Screenprinted Textiles	p8
7.45 – 9.45pm	Improvers Guitar	p25

### Thursday

9.00 – 10.00am	Pilates	p23
9.00 – 11.00am	German Beginners Yr 1	p14
9.30 – 11.30am	Textile Arts	p9
10.00 – 12.30pm	Screenprint & Print Techniques	p10
11.15 – 1.15pm	German Continuation Yr 2	p14
1.15 – 3.15pm	Fashion Design & Pattern Cutting	p9
1.45 – 3.45pm	Stained Glass	p10
4.00 – 6.00pm	Life Class Confidence and Understanding	p10
7.00 – 9.00pm	Life Class Experimental	p10
7.00 – 9.00pm	Stained Glass	p10
7.00 – 9.30pm	Screenprint & Print Techniques	p10

### Friday

10.00 – 12.00pm	Italian Continuation Yr 2	p20
10.00 – 12.00pm	French Pre-Intermediate Yr 3	p20
10.00 – 12.30pm	Exploring Printing	p11
10.30 – 12.30pm	Creative Writing	p11
1.00 – 3.00pm	Exploring Formal Portraiture	p11
1.00 – 3.00pm	French Beginners Yr 1	p20



**SUMMER WORKSHOPS  
BROCHURE COVERING  
JUNE-SEPTEMBER AVAILABLE  
FROM APRIL 2011**

## LANGUAGES



### French Pre-Intermediate Year 3\*

**Tutor: Florence Tourne**

This course is for those who have already completed 2 years' study, have a rusty O level or some experience of the language. All four language skills (speaking, reading, listening and writing) will be developed using a variety of topics and activities.

**Friday 10am – 12noon**

**Code FRI FP13**

**\*20 week term Fee:** £126 B£100.80 C£31.50

5 week summer term: A£32 B£25.60 C£8

## Friday

### Italian Continuation Yr 2\*

**Tutor: Laura Zambianchi**

You have maybe completed an Italian beginner's course or are self-taught but would like to expand your knowledge to converse more freely in a wider range of topics to suit your interests and requirements. Further cultural awareness and regional differences and traditions will be explored and more grammatical structures will be covered in a light-hearted and enjoyable approach using multi-media activities. To attend the course you should have completed approx. 20-30 hours Italian tuition.

**Friday 10am – 12noon**

**Code FRI IC2**

**\*20 week term Fee:** £126 B£100.80 C£31.50

5 week summer term: A£32 B£25.60 C£8

### French Beginners Year 1\*

**Tutor: Florence Tourne**

This course is for you if you are an absolute beginner and would like to make your first steps in French in a friendly atmosphere. You will learn how to talk about yourself and your family, your work and leisure. You will be able to book a hotel room in France, to go shopping and to ask for directions.

**Friday 1 – 3pm**

**Code FRI FB1**

**\*20 week term Fee:** £126 B£100.80 C£31.50

5 week summer term: A£32 B£25.60 C£8



## LITERATURE

## Friday

### Creative Writing

**Tutor: Jani Howker**

The focus of this course will be to equip the students with some of the basic tools of descriptive writing, through exploration of examples and focused writing tasks (homework) and joint writing exercises. The structure of the class is in the form of the writing workshop, which at its best provides mutual encouragement, stimulating discussion, amicable competition, practice in criticism and support in difficulty. Tutor-led group criticism is excellent training for the writer's goal of accurate self-criticism.

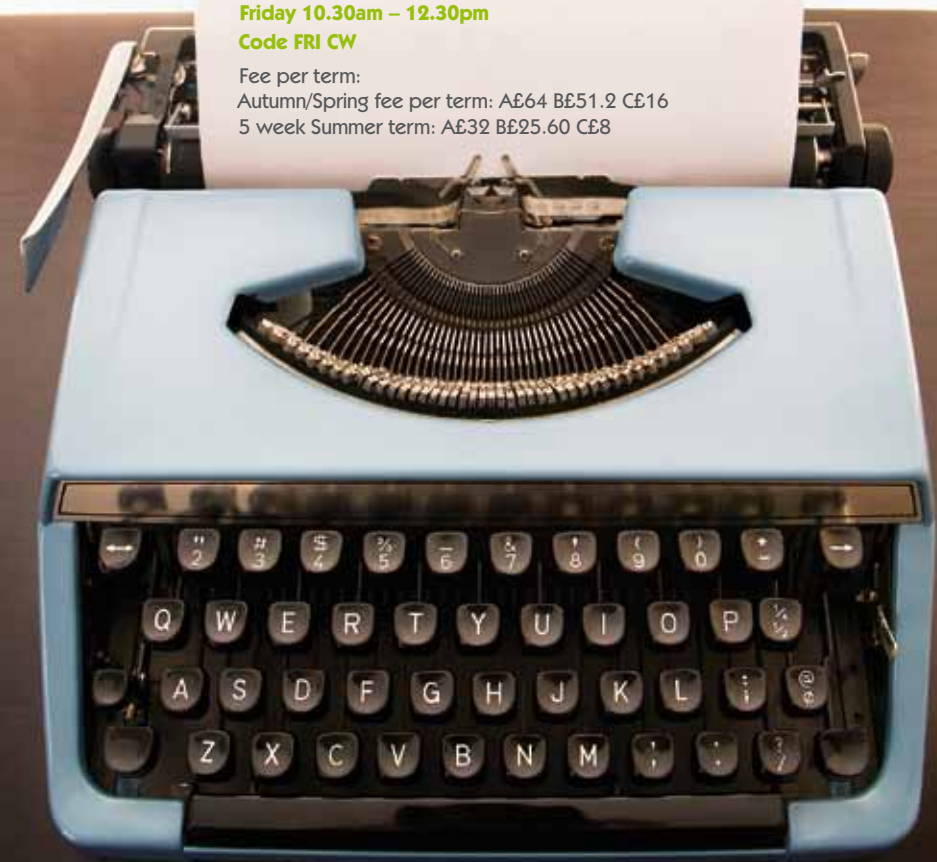
**Friday 10.30am – 12.30pm**

**Code FRI CW**

Fee per term:

Autumn/Spring fee per term: A£64 B£51.2 C£16

5 week Summer term: A£32 B£25.60 C£8



## Monday

### **NEW!!** Sivananda Yoga

**Tutor: Ishwara**

Use a stronger yoga routine that energises and calms, flexes and relaxes through breath work and postures. The class is suitable for those with a reasonable level of fitness that want to extend their yoga practice and work with body, mind and breath in a structured way, to increase health and vitality. Held at Kendal's Fellside Centre, a map will be provided with your course information sheet.

**Monday 6.30 – 8.15pm**  
**Code MON SY**

Fee per term:  
10 week Autumn/Spring/Summer fee  
A£56 B£44.80 C£14

### **Dance Techniques**

**Tutor: Sarah Lockwood**

A fun relaxed course for those who enjoy moving. Classes will be a fusion of contemporary, Jazz, Lyrical and Expressive dance techniques. Explore your physicality in a supportive and friendly environment. The course is designed to be both accessible for those who haven't danced before and a challenge for those more experienced.

**Monday 7.30 – 9.00pm**  
**Code MON DT**

Autumn/Spring fee per term:  
A£48 B£38.40 C£12



## Tuesday

### **Dru Yoga\***

**Tutor: Deyna Hirst**

This popular course is now available at two different times and with an extended autumn term. Dru Yoga weaves elements of T'ai chi and Pilates into traditional Yoga to create a beautiful flowing and integrated practice that leads to a harmony of mind, body and breath. The course will introduce and work with key ideas of Dru Yoga: postures as journeys; creative visualisation; the energy of the chakras; relaxation to re-vitalise; core strength; focussed breath work. It is suitable for anyone with an open mind, with an interest in beginning yoga or wishing to extend and experiment within his or her practice.

Contact Deyna at [www.theyogaconsultancy.co.uk](http://www.theyogaconsultancy.co.uk) if you'd like to chat to her about Dru Yoga.

**Tuesday 9.30 – 11am Code TUE DY**  
**Tuesday 1.30 – 3.00pm Code TUE DY2**

Fee per term:  
\*13 week Autumn term, starts on the 7th Sept:  
A£62 B£49.60 C£15.50  
Spring term: A£48 B£38.40 C£12

### **Gentle Yoga\***

**Tutor: Deyna Hirst**

We work with gentle yoga stretches to open the body, relax the mind and deepen the breath in a friendly, un-pressured way. This class is for those hesitant about yoga because of convalescence, age or problems with fitness and flexibility. Most of our class can be done sitting in a chair or adapted to suit your requirements.

Contact Deyna at [www.theyogaconsultancy.co.uk](http://www.theyogaconsultancy.co.uk) if you'd like to chat to her about Gentle Yoga.

**Tuesday 11.30am – 1.00pm**  
**Code TUE GY**

\*13 week Autumn term, starts on the 7th Sept:  
A£62 B£49.60 C£15.50  
Spring term: A£48 B£38.40 C£12

## Thursday

### **NEW!!** Pilates

**Tutor: Teresa Hill**

'I know I have poor posture, but I don't know how to improve it!' This course will focus on the most common posture types. Teresa will help you to identify your posture and lead you through Modern Pilates to help with your specific posture type.

All the exercises will be clearly explained towards your individual aim but bear in mind that Pilates exercises work to utilise the entire body. Each exercise, no matter how specific, will in some way be suitable for you and your body.

**Thursday 9.00 - 10.00am Code THU P**

\*13 week Autumn term, starts on the 9th Sept:  
A£42 B£33.60 C£10.50  
Spring term: A£32 B£25.60 C£8  
5 week Summer term: A£16 B£12.80 C£4



## Monday

### Discover Your Voice

**Tutor: David Burbidge**

Ever wanted to sing but believe you can't? We will use movement, creativity and physical awareness to release our voices and sing songs from cultures where most people sing as naturally as they talk. All songs are learnt by ear – so you've no need to worry if you can't read music.

**Monday 7.30 – 9.30pm**

**Code MON DYV**

Fee: A£64 B£51.20 C£16  
Autumn term only

### Harmony Singing

**Tutor: David Burbidge**

A chance to sing in harmony with others. All songs are learnt by ear – so you've no need to worry if you can't read music. Suitable for those who have attended Discover Your Voice or any other beginners singing class or who can match a pitch with their voice.

**Monday 7.30 – 9.30pm**

**Code MON HS**

Spring term: A£64 B£51.20 C£16  
3 week Summer term: A£19 B£15.20 C£4.75

## Tuesday

### Piano for Beginners & Returners

**Tutor: Sarah Scaddon**

This is a course designed for both those wishing to fulfil a long-held ambition to play the Piano and for those who would like to continue learning the Piano. This course would also suit someone who learnt to play the Piano as a child but has had a long break and would like to re-learn the basics! Taught in informal workshop style sessions, learners will play at their own level and work closely with the tutor to gain a thorough understanding of how to both read music and develop their technique on the Piano.

NB. Places are only available on the spring and summer term for continuing students or those with some experience. Please contact the Adult Education Officer if you are a new student wishing to join those terms.

**Tuesday 6.30 – 9.00pm**

**Code TUE PBR**

Autumn/Spring fee per term: A£80 B£64 C£20  
4 week Summer term: A£32 B£25.60 C£8

## Wednesday

### Beginners Guitar

**Tutor: Keith Redfern**

Have you ever thought of taking up the guitar but been daunted by the likes of your guitar heroes? Fear not! Keith Redfern and Beginners Guitar is here to help! On this two term course you will learn how to play along with your favourite songs and be able to accompany yourself and friends. Keith will teach you the basics of guitar playing and you can learn a range of playing techniques. No music reading skills are necessary. So pick up your instrument and have some fun! Guitars not provided. NB. Places are only available on the spring and summer terms for continuing students or those with some experience. Please contact the Adult Education Officer if you are a new student wishing to join those terms.

**Wednesday 5.30 – 7.30pm**

**Code WED BG**

Autumn/Spring fee per term: A£64 B£51.20 C£16  
4 week Summer term: A£32 B£25.60 C£8

### Improvers Guitar

**Tutor: Keith Redfern**

If you have a basic knowledge of guitar playing, then Improvers Guitar will help you reach the next level. This two term course aims to help you develop skills such as chord playing, reading rhythm patterns and improvising and will feature a range of musical styles. NB. Places are only available on the spring and summer terms for continuing students or those with some experience. Please contact the Adult Education Officer if you are a new student wishing to join those terms.

**Wednesday 7.45 – 9.45pm**

**Code WED IG**

Autumn/Spring fee per term: A£64 B£51.20 C£16  
4 week Summer term: A£32 B£25.60 C£8



## 10/11 WORKSHOPS

### ARTS & CRAFTS



#### Nuno Felt

**Tutor: Gillian Ferguson**

An opportunity to explore the popular technique of Nuno Felt Making. Fine patterns and designs are drawn with merino fleece onto silk chiffon or muslin background, when felted together a subtle, delicate fabric is created. Come and learn the technique and you can create a stunning scarf, a window drape like no other or wall hanging.

**Saturday 9th October – Code OCT NF**

**Saturday 12th March – Code MAR NF**

#### NEW!! Design & Make a Party Dress

**Tutor: Caren Threlfall**

Ever arrived at a party to find you're not the only one who'd chosen 'that' dress? That need never happen again as Caren will show you how to design and make 'the' party dress. Creating a garment that is individual, whilst saving some money!

Simply bring along a fabric of your choice and maybe a dress or a picture of one that you would love to re create. We will also look at how to dress up and down with the clever use of accessories, which (time permitting) we will have a go at making.

**Sunday 10th & Sunday 17th October – Code OCT PD**

Fee: A£54 B£43.20 C£13.50

#### NEW!! Surface Expression

**Tutor: Frances Winder**

This course will explore the surface of paintings using Gesso, Oil Pastel and applied textures on paint as well as mark making within the paint. Both representational and abstract work can benefit from this treatment. Suitable for students of all abilities.

**Sunday 10th October – Code OCT SF**

#### NEW!! Paper/Card Making

**Tutor: Julie Harrison**

Nothing beats a handmade card, whatever the occasion. Julie will show you how to make fancy papers suitable for using on cards, combine these with bits and bobs you've collected like shells, broken jewellery, treasured buttons, clippings, textiles or pressed flowers and leaves. Whatever takes your fancy, you'll be just in time to catch the Christmas post with your wonderfully original and eco friendly cards.

**Sunday 17th October – Code OCT PCM**

All our workshops are one day long, run on Saturdays or Sundays, 10am-4pm with a fee structure of A: £27 B: £21.60 C: £6.75, unless otherwise indicated.



#### NEW!! Felt Rug (2 day course)

**Tutor: Gillian Ferguson**

This course gives you the opportunity to make a unique and hardwearing felt bedside or hearth rug to your own design. You will then lay out the fleece to the shape you have designed and roll out the felt. Incorporating half felts, embroidery, wool threads and rug threads into it, these won't look like just any old rug!

**Saturday 6th and Sunday 7th November – Code NOV FR**

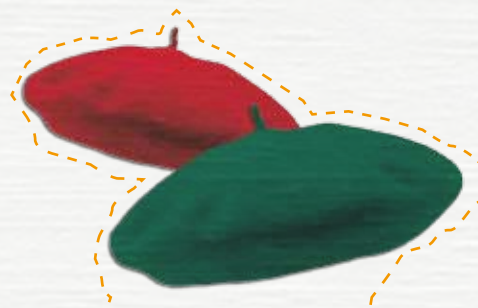
Fee: A£54 B£43.20 C£13.50

#### NEW!! Beautiful Berets

**Tutor: Gillian Ferguson**

Try your hand at felting a beret. Your friends will think you flew to France to buy it, but you can tell them "Au contraire I made it myself". Choose to make in a solid colour or a mix of colours, embellished or left plain it will be true one-of-a-kind creativity! This could be for you, someone else, or child/baby sized.

**Saturday 4th December – Code DEC BB**



#### NEW!! Design & Make Clothes for Children and Babies (2 day course)

**Tutor: Caren Threlfall**

Kids go through clothes quickly, so picking up something new every time they outgrow an article of clothing can get expensive. Consider making your childrens clothing in this two day workshop. If you're making the clothes for children you know, you can even have them help you with the design process before coming on the course. They can add their own flavour to the pieces they'll wear!

**Sunday 5th & Sunday 12th December – Code DEC CB**

Fee: A£54 B£43.20 C£13.50

#### Feltmaking

**Tutor: Julie Harrison**

Experience the magic of converting wool fibres into a strong and versatile fabric. Use it to produce accessories or furnishings, both two and three dimensional, even sculpt with wool. You may want to produce felt art in the form of a wall hanging or make bags, scarves, beads or bowls. Felting can be combined with other crafts, like jewellery making, card making, and other textiles and can incorporate recycled materials. Use your imagination and creativity to develop felting in a day, whichever way you wish, the possibilities are endless!

**Sunday 12th December – Code DEC F**

**Sunday 5th February – Code FEB F**

**Saturday 21st May – Code MAY F**

## 10/11 WORKSHOPS

### ARTS & CRAFTS

All our workshops are one day long, run on Saturdays or Sundays, 10am-4pm with a fee structure of :

A: £27 B: £21.60 C: £6.75, unless otherwise indicated.

#### **NEW!!** Fabulous Felt Bags

**Tutor: Gillian Ferguson**

You can never have too many bags and that certainly goes for stylish handmade ones like these. Work around a plastic resist to create a bag as a 3D form without the need to sew any seams. Using merino fleece in a choice of colours and embellishing with threads, curly fleece or decorative bits and bobs you've collected.

**Saturday 29th January – Code JAN FB**

#### **NEW!!** Playing with Colour

**Tutor: Frances Winder**

Exploring emotional use of colour and it's dynamics, we learn about colour balance, harmony and contrast, using innovative colour schemes and designs in paint. Suitable for students of all abilities.

**Sunday 13th February – Code FEB PC**

#### **NEW!!** Felted Floral Creation

**Tutor: Julie Harrison**

Spend the day making a felt bouquet for a wedding, table decorations or felted floral corsage jewellery to compliment a summer outfit. Or you may wish to mix floral with felt beads which can then be threaded as necklaces, bracelets. The possibilities are endless!

**Sunday 3rd April – Code APR FF**

#### **NEW!!** Sketch and Paint

**Tutor: Frances Winder**

This course is of benefit to beginners as well as more advanced students. Working from sketches created on the day, students will use different methods to create one or more finished pieces of work. This day will include medium demonstrations in Watercolour, Gouache and Acrylic painting.

**Saturday 30th April – Code FEB SP**



#### Silver Clay Jewellery

**Tutor: Jo Dix**

Art Clay Silver is an exciting modelling material that can be modelled like a fine-textured clay and when heated becomes 99.9% pure solid silver. It can be rolled, stretched, textured and layered with simple tools before being assembled and cast. It is great for making earrings, pendants, rings and beads. Come and learn the basics and you will go home with at least one finished piece, probably more! Ideal for both beginners and those hobbyist jewellers who are looking for something new. Sign up to one or more of Jo's workshops. The higher fee for these workshops reflects the detailed tuition received in a class of restricted numbers.

**Sunday 30th January – Code JAN SCJ**

**Sunday 13th February – Code FEB SCJ**

**Saturday 5th March – Code MAR SCJ**

**Saturday 2nd April – Code APR SCJ**

**Sunday 14 March – Code MAR VP**

Fee: A £34 B £27.20 C £8.50

#### Shibori Dyeing

**Tutor: Gillian Ferguson**

Shibori is the Japanese version of elaborate tie-dyeing, or bound-resist shaping, that has existed for centuries. The patterns and designs created with shibori techniques are perfect for use in contemporary designs for wearable and other fabric arts. Have fun exploring this fascinating and versatile form of folding, pleating, scrunching and dyeing cloth.

**Saturday 14th May – Code MAY SD**

#### Fused Glass

**Tutor: Sarah Sutton**

A fantastic opportunity to work with glass artist, and designer, Sarah Sutton. You will learn how to cut glass in preparation for fusing (kiln formed glass). You will be encouraged to experiment with the material and you will design and make a stunning decorative item of your own, (eg. plates, tiles, jewellery). This day course is designed for complete beginners, and those with some experience, to learn the basic principles of fusing glass. Sign up for one or more of Sarah's workshops.

**Saturday 16th October – Code OCT FG**

**Saturday 11th December – Code DEC FG**

**Saturday 12th February – Code FEB FG**

**Saturday 19th March – Code MAR FG**

**Saturday 7th May – Code MAY FG**



## Enrolling on a course at the Brewery Arts Centre is easy, all you need to do is:

Complete the enrolment form found in the centre of this brochure and include your payment. Places are limited and secured on a first come, first served basis so it's important to return your form early.

## Fees

Three fees are stated (per term) for each course. All fees (even full price fees) are subsidised by Cumbria County Council and are available for the following categories only.

### Fee A Full Fee

**Fee B** 20% discount for learners over 60 on the 1st September 2010 who are not in employment for more than 16 hours per week

**Fee C** 75% discount for learner in receipt of: Job Seekers Allowance, Pension Tax Credit, Income Support, Working Tax Credit (subject to a threshold of less than £15,275) Housing / Council Tax Benefit (not including single occupancy discount), Income Related Employment Support Allowance, Unwaged dependents of those listed above, those aged 16-18 on 1st Sept 2010.

Learners claiming age based concessions need only show proof once. Learners claiming any other discounted fee need to provide proof of concession each time they enrol.

Learners should be aware some courses incur additional costs for materials and equipment. For more information refer to your course information sheets..

## Payments

Payments can be made in two ways:

- Payment by cheque – payable to KBACTL. Please include a separate cheque for each course you wish to attend.
- Credit or debit card. Complete the appropriate section on the enrolment form.

## Don't forget

Most courses have two start dates (Autumn or Spring) so even if your first choice may be unavailable, the second term date may be an option (please indicate this on your form).

We will need a separate enrolment form for each learner. Additional forms are available from the Box Office and our website [www.breweryarts.co.uk](http://www.breweryarts.co.uk).

**Return completed forms to our Box Office by hand or post ensuring all the necessary paperwork and payments are included.**

## What happens next?

We will confirm your enrolment by post. If the course is full, you will be put onto our waiting list and contacted should a place become available.

## Are you unable to submit your form?

If you are unable to submit your form because of a disability we can complete your enrolment form and take payment details over the telephone or via email.

Please contact the Box Office on 01539 725133 or Adult Education Officer, Zoe Wilkinson, on 01539 722833 ext 273. email [adult.ed@breweryarts.co.uk](mailto:adult.ed@breweryarts.co.uk). Proof of concession if applicable can be brought in on the day of the course, or before. Please note this service is only available to students with a disability.

## Friends of the Brewery

A limited number of places are prioritised for Friends of the Brewery on each class up until the 19th of July. Remember to tick the Friends of the Brewery box on the enrolment form. To become a Friend of the Brewery complete an application form from the Box Office.

## Absences

Please let your tutor know if you are unable to attend a course session for any reason. This is because unrecorded absences have a negative effect on our funding. Three unrecorded absences will result in the cancellation of your place on a course and no refund will be given. Please inform your tutor direct or through the Box Office on 01539 725133.



## Learner Handbooks

Cumbria County Council's Learner Handbooks give information about Compliments and Complaints procedure and Additional Learner Support. They are available from the Box Office and your tutor.

## Terms and conditions

- Enrolments cannot be made by telephone.
- Places cannot be reserved.
- Incomplete enrolments will be returned to you. This includes missing payments and omission of supporting documents.
- We reserve the right to cancel classes or amend schedules as necessary. Full refunds will be given should your course be cancelled.
- Refunds are available (minus a £5 administration fee) up until seven days prior to the start of a course.
- All courses and workshops will be held at the Brewery unless otherwise stated.

# ADULT EDUCATION @ THE BREWERY

**Brewery**  
arts centre

**Brewery Arts Centre**

Highgate Kendal LA9 4HE

**Box Office: 01539 725133**

**[www.breweryarts.co.uk](http://www.breweryarts.co.uk)**

